

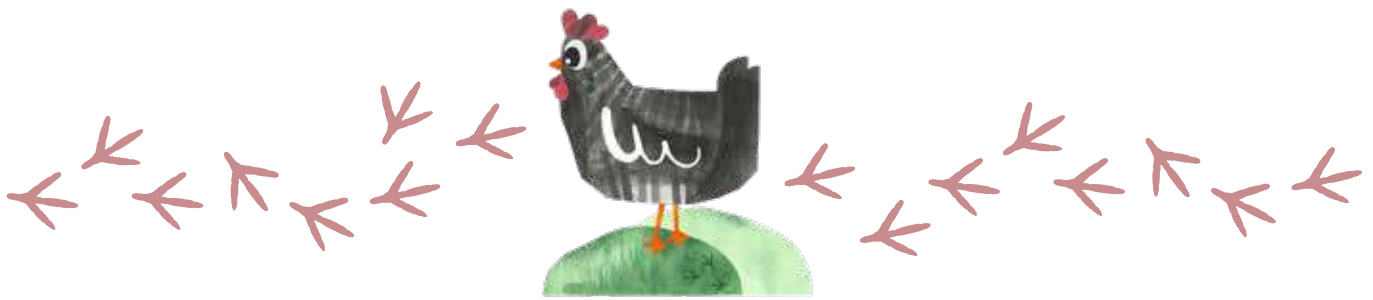
NORTHERN IRELAND 
WAR MEMORIAL
MUSEUM

JEANNIE

● **THE HEN** ●

**ACTIVITY
PACK**





Jeannie The Hen's Activity Pack has been created for use with children aged 2-5 and is linked to the Jeannie the Hen story told by the Northern Ireland War Memorial. It aims to provide opportunities for play and exploration which help with:

- personal, social, and emotional development
- physical development
- creative development
- language development
- mathematical experiences
- early experiences in science and technology
- knowledge and appreciation of the environment

It was developed in partnership with Squiggles and Giggles for the Playful Museums Festival. Most importantly it was developed with the help of little museum explorers...children under 5, their families and Early Years facilitators.

You can use this pack alongside –

Jeannie's Adventure to the Countryside – YouTube video
(search Northern Ireland War Memorial)

Jeannie's Adventure to the Countryside – Storybook
(download from www.niwarmemorial.org)

Jeannie's Suitcase

containing toys, games, and a cuddly Jeannie.

This loan box can be borrowed from the Northern Ireland War Memorial by all nurseries, preschools, and day-cares.

The Second World War can be difficult to explain to Early Years, so Jeannie tells the story of how life changed on the Home Front in terms of farming and food.

The games, activities and songs in this pack have been developed to nurture children's curiosity, develop skills in movement and language and their understanding of sounds, shapes, and numbers. **MOST IMPORTANTLY THEY ARE FUN!**

All our resources for Early Years are FREE.

Please contact the museum to arrange to borrow Jeannie's suitcase and to receive your copy of Jeannie's Adventure to the Countryside.



NORTHERN IRELAND WAR MEMORIAL

The Northern Ireland War Memorial is an Accredited Museum in the Cathedral Quarter of Belfast which tells the story of how Northern Ireland was affected by and contributed to the Second World War. In particular, the museums focuses on the story of the Belfast Blitz in 1941, the Ulster Home Guard, wartime industry and the presence of US Forces in Northern Ireland. The museum has a well established learning programme for Primary Schools and is now offering learning opportunities for under 5s.

PLAYFUL MUSEUMS

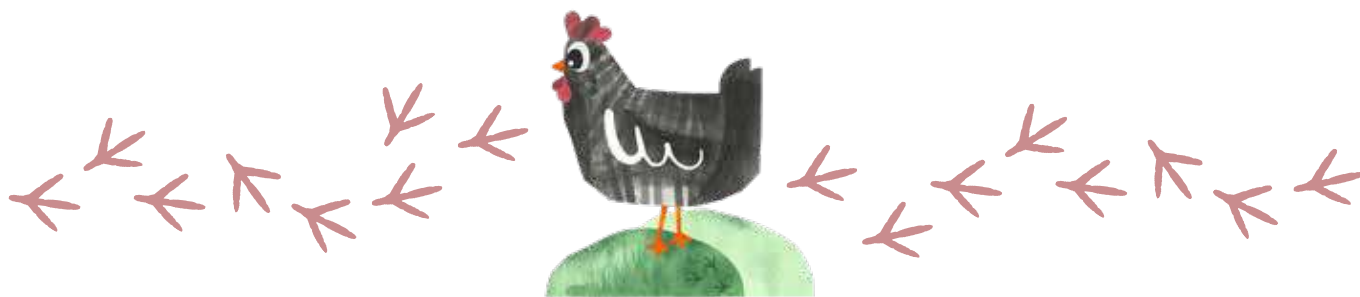
The Playful Museums Festival encourages families to engage with their local museums and collections. It is coordinated by the Northern Ireland Museums Council which supports museums to create bespoke programmes to meet the developmental needs of under 5s.

Activities, workshops, and events designed for under 5s take place in museums across Northern Ireland during the annual Playful Museums Festival every February. A mix of storytelling, arts, music, multi -sensory and interactive activities create enjoyable experiences for little museum explorers. Programmes are designed to encourage learning and development and most importantly to be fun! **We're proud to be a Playful Museum with the Northern Ireland Museums Council.**

SQUIGGLES AND GIGGLES

Squiggles and Giggles is an award-winning fun, friendly and creative party, and event entertainment company with a wealth of experience in creating fun and interactive learning programmes for early years. The Northern Ireland War Memorial worked with Squiggles and Giggles to create Jeannie's story and this Activity Pack.

www.niwarmemorial.org



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JEANNIE, A TRACTOR, A PIG
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HEY LITTLE HEN!

SING HEY LITTLE HEN AND ADD AS MANY OF THE MOVEMENTS AS YOU CAN!

EVERYONE SIT OR STAND IN A CIRCLE FACING INWARDS. YOU DON'T NEED ANY PROPS, JUST LOTS OF ENERGY.

LYRICS (ACTIONS)

I had a lot of chickens, a large chicken run (moving arms like chickens)

But owing to conditions I'm now down to one (hold up one finger)

I give her all the tit-bits, the dear little thing (scatter 'seeds' with hands)

And just to keep her up to scratch, I go to her and sing (open arms wide from mouth at 'sing')

Hey little hen (wave)

When, when, when (hold out arms as if asking when?)

Will you lay me an egg for my tea? (mime eating – hands to mouth)

Hey little hen (big wave!)

When, when, when (hold out arms as if asking 'when?')

Will you try to supply one for me (thumbs/fingers pointing in for 'me')

Get into your nest (cradle arms)

Do your little best (thumbs up)

Get it off your chest (motion hands down from shoulders)

I can do the rest. (thumbs/fingers pointing in towards body)

Hey little hen (biggest wave!)

When, when, when (hold out arms as if asking 'when?')

Will you lay me an egg for my tea? (mime eating – hands to mouth)





CHICK, CHICK, CHICK, CHICK CHICKEN!

SING REALLY LOUD AND MAKE THE CHICKEN FLY!



You need:

- ☞ Parachute
 - ☞ Lightweight soft toy chicken
- } both included in the loan box

(ACTIONS)

- ☞ Everyone stand in a circle, holding the edges of the parachute.
- ☞ You are going to make the chicken fly by singing and shaking the parachute. Place the chicken in the centre of the parachute to begin.
- ☞ If the chicken flies off, simply pick it up and put it back on the parachute.
- ☞ Shake the parachute slowly to start and gradually get quicker to make the chicken fly into the air!

LYRICS

Chick, chick, chick, chick, chicken
Lay a little egg for me!
Chick, chick, chick, chick, chicken
I want one for my tea.

I haven't had an egg since Easter
And now it's half past three
So, chick, chick, chick, chick, chicken
Lay a little egg for me.





OLD MACDONALD HAD A FARM!

SING ALONG AND PRETEND TO BE THE NOISY ANIMALS ON OLD MACDONALD'S FARM!



- 🕒 Ask the children to find a place in the room where they have lots of space around them.
- 🕒 Then ask them what kind of animals they might find on a farm and discuss what noises they make and how they move.
- 🕒 Sing the song with as many animals as the children can think of and encourage them to make noises and actions.
- 🕒 Don't forget to include a hen like Jeannie!

LYRICS

Old MacDonald had a farm

E-I-E-I-O

And on his farm he had a COW

E-I-E-I-O

With a moo moo here

And a moo moo there

Here a moo, there a moo

Everywhere a moo moo

Old MacDonald had a farm

E-I-E-I-O

Old MacDonald had a farm

E-I-E-I-O

And on his farm he had a PIG

E-I-E-I-O

With an oink oink here

And an oink oink there

Here an oink, there an oink

Everywhere an oink oink

Old MacDonald had a farm

E-I-E-I-O





HAPPY HENS!

HAPPY HENS IS A GREAT GAME FOR BIG IMAGINATIONS



- 🕒 Ask the children to spread out in a large room
- 🕒 They can work in pairs if they like
- 🕒 Explain that they are going to move around the room like happy hens, flapping their wings and chirping
- 🕒 Then ask them to become something new
- 🕒 Encourage the children to move around the space pretending to be things you would find on a farm - making lots of noise.

LYRICS

Happy Hens, Happy Hens can you be...

- a Tractor
- a Cow
- an Egg
- a Mixing Spoon
- a Smelly Pig
- a Farmer
- a Potato or Carrot growing in the soil





CAN YOU CROSS THE GREEN FIELD?

PRETEND THE ROOM IS A BIG GREEN FIELD AND THAT YOU ARE TRYING TO GET FROM ONE SIDE TO THE OTHER WITHOUT BEING CAUGHT!



- 🕒 You need a large empty space as the children need to be able to move safely from one end of the room to the other.
- 🕒 Ask the children to line up at one side of the room.
- 🕒 Explain that they are trying to get across the 'green field' (the room) without getting caught.
- 🕒 They can cross the 'green field' calmly and easily when they have what the adult asks for.
- 🕒 If they don't, the adult will shout GO and they must try to get across without being caught.
- 🕒 Any child that gets caught can help the staff member to catch people and can suggest things to say in the next round.

LYRICS

Try -

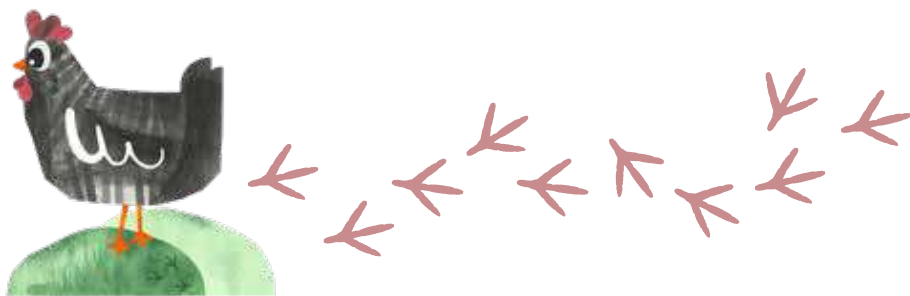
You can cross the green field - if you are wearing shoes

You can cross the green field - if you wear glasses

You can cross the green field - if you are wearing the colour blue

You can cross the green field - if you pretend to be a tractor

You can cross the green field - if you like scrambled eggs





EGG HUNT

**DO YOU EAT LOTS OF EGGS AT HOME?
DO YOU HAVE THEM SCRAMBLED OR FRIED?
MAYBE YOU USE THEM TO BAKE CAKES**



Many years ago, there weren't enough fresh eggs for everyone to buy. Some shops sold powdered eggs in tins...inside the tin there was smelly yellow egg powder! To make sure they had enough fresh eggs, people kept hens at home, sometimes in their back garden. If the hens were given a nice warm place to sleep and plenty of food, they would lay eggs!

Can you find the eggs Jeannie the Hen has hidden?

Why don't you try to hide the eggs and see how long it takes for them to be found!

YOU NEED

- 🥚 **Wooden eggs** (included in the loan box)
- 🥚 **Paper eggs** – decorate them and give each one a number (templates included in this activity pack)

WHAT TO DO

- 🥚 The adult hides the eggs somewhere in the room – **'Don't Peek!'**
- 🥚 When all hidden the children can go look for them
- 🥚 Tell them they can ask for clues!
- 🥚 Count the eggs at the end to make sure you have them all.

NEXT TIME

It's the children's turn to hide the eggs somewhere in the room – Don't peek!

- 🥚 Hide the eggs while the adults don't look.
- 🥚 Let the adults find them and see how many they can get.
- 🥚 You can give them clues.
- 🥚 Check the numbers on the eggs and put them in order as they are found.
- 🥚 Count them at the end to make sure you have them all.



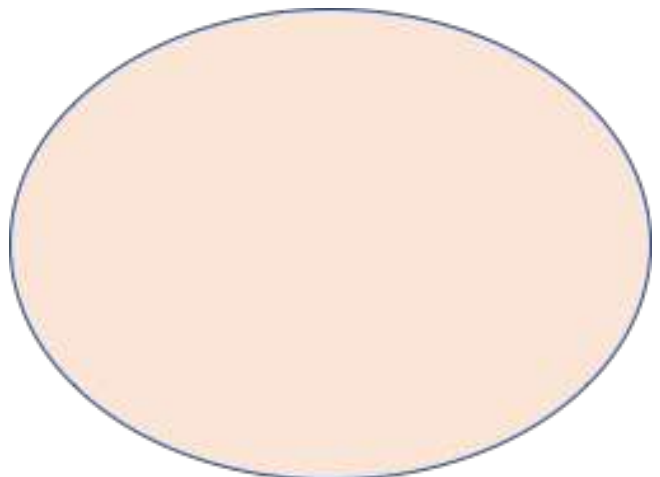
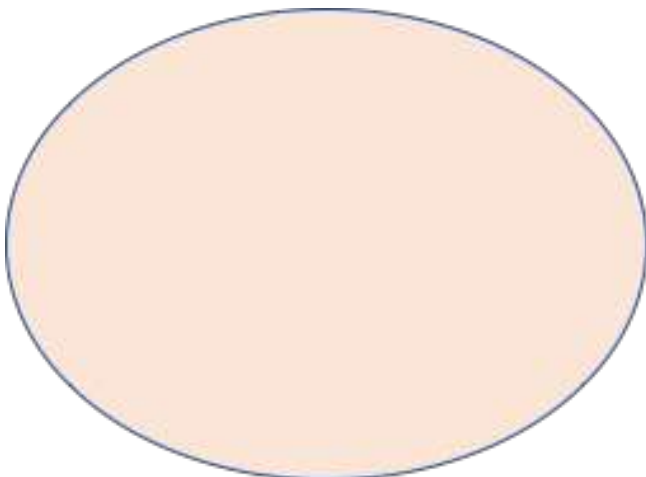
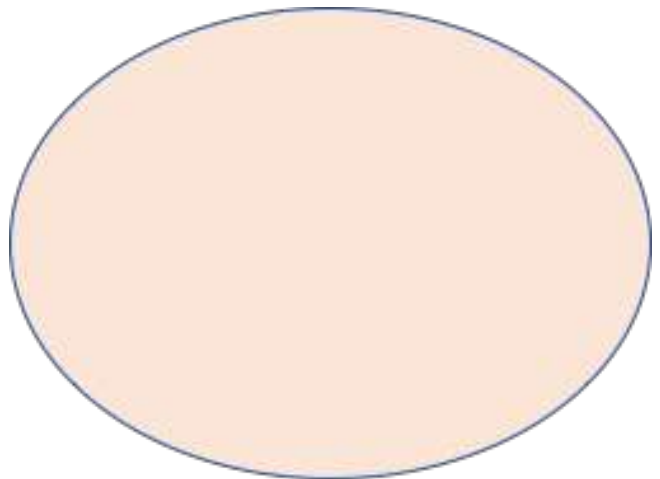
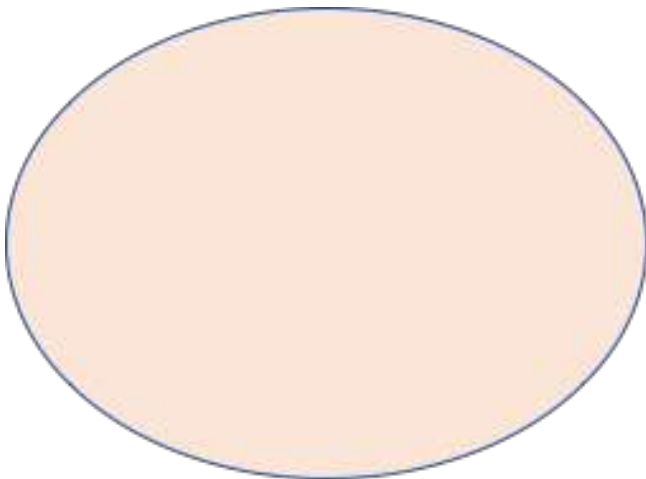
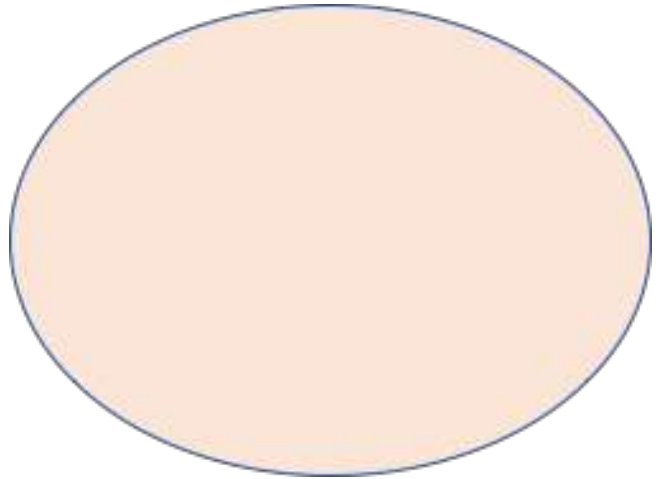
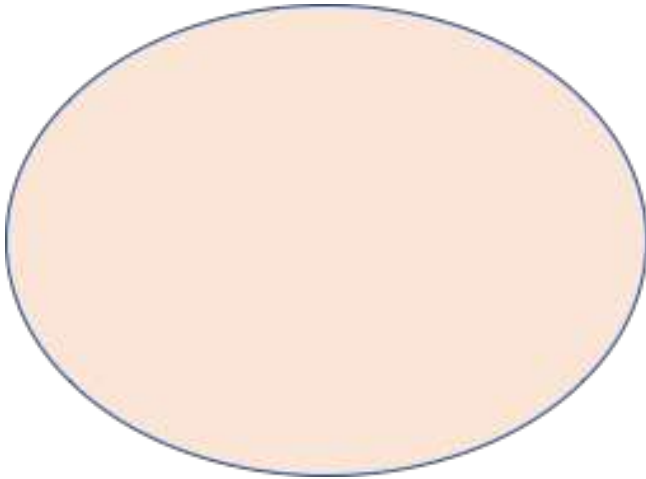
- 🥚 You can play **Hot or Cold** to find the eggs or ask **'Is it somewhere dark or light? ...high or low? ...soft or hard?'**
- 🥚 If the children tell you where the egg is hidden, pretend not to hear and go to the wrong place – or ask about another egg.
- 🥚 Try giving clues using colours and shapes such as **'It's hidden behind something blue'** or **'It's hidden inside a triangular box'**





DECORATE YOUR OWN EGGS FOR THE EGG HUNT

**DECORATE EACH OF THE EGGS
GIVE IT A NUMBER AND CUT IT OUT**





CARROT CAKE

DID YOU KNOW THAT AT ONE TIME MANY YEARS AGO IT WAS VERY DIFFICULT FOR PEOPLE TO BUY SWEETS AND CAKES?



It's true! People weren't allowed to buy lots of sweets and sugar, so they came up with new ways to get their treats and made their own cakes at home using healthy ingredients like carrots!

Many years ago, a cartoon character called Dr Carrot told children that they should eat lots of carrots to stay healthy.

YOU NEED

AN ADULT HELPER

- 🥄 8 oz. flour
- 🥄 3 oz. sugar
- 🥄 4 oz. grated carrot
- 🥄 3 oz. margarine
- 🥄 2 oz. sultanas
- 🥄 1 tsp dried eggs or 1 egg
- 🥄 A little milk
- 🥄 A mixing bowl and spoon
- 🥄 A round cake tin
- 🥄 Baking paper

WHAT TO DO

- 🥄 Roll up your sleeves and wash your hands
- 🥄 Ask an adult helper to measure out the ingredients on a scale and grate the carrot
- 🥄 Ask an adult to turn the oven on (180 degrees)
- 🥄 Sift the flour into the mixing bowl
- 🥄 Add the margarine and rub it in with your hands until the mixture is crumbly
- 🥄 Put the sugar, carrots and sultanas into the bowl and mix them together
- 🥄 Ask an adult to crack the egg for you and add it to the bowl. Put the shell in the bin
- 🥄 Mix and add a little bit of milk
- 🥄 The mixture will become sticky and wet
- 🥄 Line a cake tin with baking paper (this stops the sticky cake getting stuck to the sides)
- 🥄 Pour the cake mixture in and even it out with a spoon
- 🥄 Put the cake in the oven and bake for 25 minutes until it is golden brown on top

EAT AND ENJOY!





CARROT LOLLIPOPS

HAVE YOU HEARD THAT EATING LOTS OF CARROTS HELPS YOU SEE IN THE DARK?

It's true! Carrots keep our eyes healthy, which was important many years ago when streetlights were turned off and it became very dark at night-time.

Many years ago, a cartoon character called Dr Carrot told children that they should eat lots of carrots to stay healthy.



LET'S MAKE CARROT LOLLIPOPS!

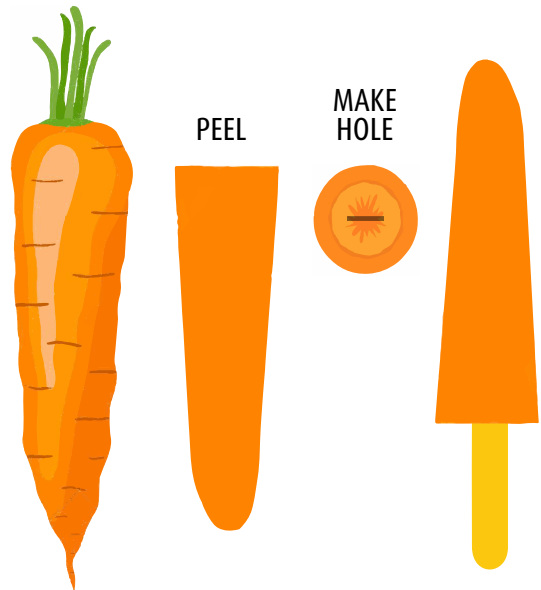
YOU NEED

AN ADULT HELPER

- 🥕 A Carrot
- 🥕 A vegetable peeler
- 🥕 A lollipop stick
- 🥕 A bowl of water
- 🥕 A vegetable brush
- 🥕 A sharp knife

WHAT TO DO

- 🥕 Roll up your sleeves and wash your hands.
- 🥕 Ask an adult helper to trim the big green leafy top off your carrot (if it has one)
- 🥕 Put your carrot in a large bowl of water and scrub it with the vegetable brush until it is nice and clean
- 🥕 Ask an adult helper to peel the carrot and use the sharp knife to make a hole in the top
- 🥕 Push your lollipop stick into the hole – and enjoy!





CRESS HEADS

DO YOU EAT LOTS OF FRUITS AND VEGETABLES? HAVE YOU EVER GROWN THEM IN YOUR GARDEN?

Many years ago, families were told to grow their own fruits and vegetables to make sure they had enough food for dinner and to keep everyone healthy.

You can grow cress at home. The cress seeds will grow in a yoghurt pot or an eggshell that you can decorate any way you like.

Take care of your cress seeds for 10 days and then you will have your own cress to put on top of a yummy sandwich.

YOU NEED

AN ADULT HELPER

- 1 tsp of cress seeds
- Cotton Wool
- An egg or a yoghurt pot
- Water

WHAT TO DO

- Ask an adult to hard boil an egg for you. Crack the top off the egg and scoop out the inside. You can eat it if you like! Carefully wash out the eggshell.
 - If you don't want to use an egg you can use an empty yoghurt pot. Carefully wash it.
 - Decorate the eggshell or yoghurt pot with pens and paint. Why don't you draw a funny face?
 - Put a little bit of cotton wool inside the eggshell or yoghurt pot.
 - Sprinkle 1 tsp of cress seeds onto the cotton wool
 - Add a little bit of water so that the seeds are wet.
 - Place your cress seeds somewhere warm and bright place such as a windowsill.
 - Sprinkle a little bit of water on the seeds every day. Not a lot, just enough to keep the cotton wool from drying out.
 - Watch the cress grow for 10 days.
 - When the cress has grown nice and tall, ask an adult to cut it with scissors.
 - Get some bread and butter and make a lovely egg and cress sandwich.
- Ask the children to bring in their favourite teddy bear and have a Teddy Bears' Picnic with egg and cress sandwiches for everyone!





BUILD A HOME FOR JEANNIE THE HEN

JEANNIE HAS LEFT HER NOISY HOME IN THE CITY TO FIND A SAFER PLACE TO LIVE IN THE COUNTRYSIDE. SHE NEEDS TO FIND A NEW PERFECT HOME FOR A HEN.

CAN YOU MAKE JEANNIE A NEW HOME?

YOU NEED

- Recycled materials like cardboard and paper
- Soft things you can find like jumpers, cushions and cotton wool
- Items found in the garden such as leaves, sticks and feathers
- Lego bricks, building blocks, stickle bricks or magnetic sets

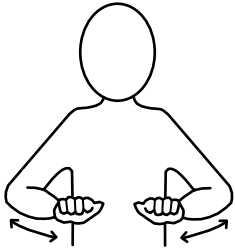
WHAT TO DO

- Talk about where hens usually live and what kind of things they need to have a happy home. Do they need toys? Do they need food?
- Work together as a group to make a home for Jeannie.
- When the home is finished, the children can put their finished colouring-in page of Jeannie into the new home. (Jeannie colouring-in sheet included in this Activity Pack)



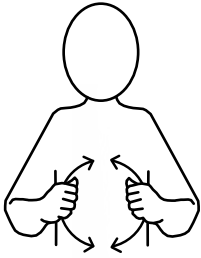


COLOUR IN YOUR OWN JEANNIE THE HEN



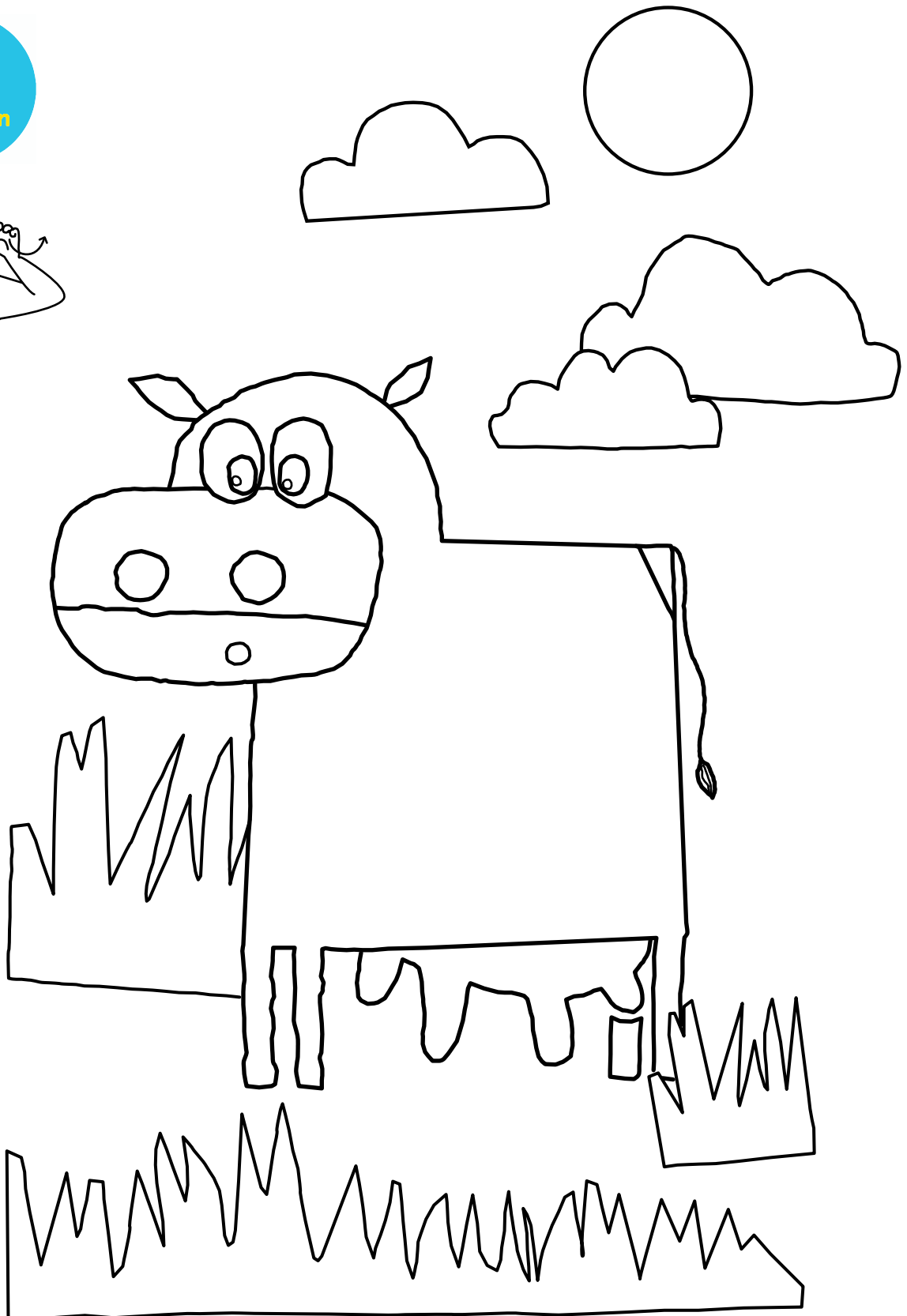
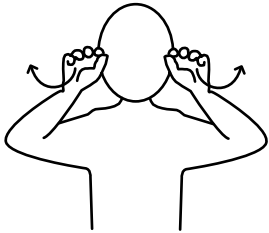


COLOUR IN YOUR OWN TRACTOR





COLOUR IN YOUR OWN COW





COLOUR IN YOUR OWN PIG

