



Look back at life in the past and sing-along to songs from the 1940s with live piano by Music Therapist **Karen Diamond**. Singing can improve brain activity, wellbeing and mood and can be beneficial for people living with dementia. Music has the power to unlock memories and participants are encouraged to reminisce as they sing the songs.

Our **Sing For Victory Workshops** use a songbook featuring wartime artists including Vera Lynn, the Andrews Sisters, George Formby and Glenn Miller. Care Home residents can use the songbook to request songs which mean something to them.

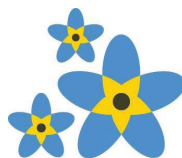
Workshops take place on Zoom and are most suitable for groups of up to 10 people.



To find out more or book a Free Sing for Victory Workshop contact -



[outreach@niwarmemorial.org](mailto:outreach@niwarmemorial.org)



Working to become  
**Dementia  
Friendly**

